Herfstcriterium 2026: Session: 5: COACH evaluation sheet for TEAM: KZK

Coachinfo: Warming up from: 09:00 untill 09:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Decock Maaike

Coaches: Duck Chantal

Coaches: Christiaens Marloes

Coaches: Derumeaux Andrew HEADCOACH

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 27: 100M FREESTYLE MEN 13+ Heat:9, starttime: 10:15

Heat: 9/17 Lane : 7 Athlete: LEYNAERT ARNE **Q-time: 01:05:10**

PB (25m pool): 01:06.53 Ieper 05/01/2025 **PB (50m pool):** 01:05.10 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:32.48		01:06.53	
		00:32.48		*00:34.05*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 27: 100M FREESTYLE MEN 13+ Heat:10, starttime: 10:15

Heat: 10/17 Lane : 1 Athlete: VICTOR SAM **Q-time: 01:04:10**

PB (25m pool): 01:04.10 Brugge 04/10/2026 **PB (50m pool):** 01:06.53 **SB:** 01:04.10 Brugge 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:30.66		01:04.10	
		00:30.66		*00:33.44*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 27: 100M FREESTYLE MEN 13+ Heat:13, starttime: 10:20

Heat: 13/17 Lane : 7 Athlete: THUYLIE VIC **Q-time: 00:59:94**

PB (25m pool): 00:59.94 Brugge 04/10/2026 **PB (50m pool):** 01:04.15 **SB:** 00:59.94 Brugge 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:29.51		00:59.94	
		00:29.51		*00:30.43*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 5: COACH evaluation sheet for TEAM: KZK

Event number: 28: 200M MEDLEY WOMEN 13+ — Heat:5, starttime: 10:45

Heat: 5/10 Lane : 7 Athlete: LEMAHIEU LUCIE — **Q-time: 02:57:56**

PB (25m pool): 02:57.56 Meulebeke 10/05/2026 **PB (50m pool):** 03:08.13 **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:40.44		no time		no time		02:57.56
		00:40.44						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 29: 100M BACKSTROKE MEN 11-12 — Heat:2, starttime: 11:05

Heat: 2/8 Lane : 7 Athlete: LEMAN POTTER AYDEN — **Q-time: 01:44:66**

PB (25m pool): 01:44.66 Brugge 04/10/2026 **PB (50m pool):** 01:47.48 **SB:** 01:44.66 Brugge 04/10/2026

	25M	50M	75M	100M	
PB		00:52.97		01:44.66	
		00:52.97		*00:51.69*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 29: 100M BACKSTROKE MEN 11-12 — Heat:4, starttime: 11:10

Heat: 4/8 Lane : 2 Athlete: CALLEWAERT JEF — **Q-time: 01:34:30**

PB (25m pool): 01:34.30 Brugge 04/10/2026 **PB (50m pool):** 01:35.15 **SB:** 01:34.30 Brugge 04/10/2026

	25M	50M	75M	100M	
PB		00:45.78		01:34.30	
		00:45.78		*00:48.52*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 30: 200M MEDLEY WOMEN 11-12 — Heat:1, starttime: 11:25

Heat: 1/10 Lane : 3 Athlete: VANDENBERGHE CHARLOTTE — **Q-time: 03:31:48**

PB (25m pool): 03:31.48 DIKSMUIDE 30/11/2025 **PB (50m pool):** 03:23.50 **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:46.26		01:39.26		02:42.18		03:31.48
		00:46.26		*00:53.00*		*01:02.92*		*00:49.30*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Herfstcriterium 2026: Session: 5: COACH evaluation sheet for TEAM: KZK

Event number: 30: 200M MEDLEY WOMEN 11-12 — Heat:3, starttime: 11:30

Heat: 3/10 Lane : 8 Athlete: VERVENNE MATHILDA — **Q-time: 03:23:16**

PB (25m pool): 03:23.16 DIKSMUIDE 30/11/2025 **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:46.20		01:39.36		02:38.96		03:23.16
	00:46.20		*00:53.16*		*00:59.60*		*00:44.20*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 30: 200M MEDLEY WOMEN 11-12 — Heat:10, starttime: 12:00

Heat: 10/10 Lane : 7 Athlete: VANSTEENKISTE MARILOU — **Q-time: 02:59:02**

PB (25m pool): 03:06.29 DIKSMUIDE 30/11/2025 **PB (50m pool):** 02:59.92 **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:42.35		01:29.39		02:24.92		03:06.29
	00:42.35		*00:47.04*		*00:55.53*		*00:41.37*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback: